

Home Ideas: Play and Movement

<p>Build a Fort</p> <p>Think about using couch cushions, chairs and blankets to make a fort.</p> 	<p>Sing a Song</p> <p>Think about songs you can sing with actions like Open Shut Them, Itsy Bitsy Spider and I'm a Little Teapot.</p> 	<p>Play Dress Ups</p> <p>Think about using home dress ups, old clothes and clothes from other family members that you can use to dress up.</p> 	<p>Create a Dance</p> <p>Think about your favourite songs and create simple dance steps to them.</p> 	<p>Move Your Body</p> <p>Think about different ways you can move your body (star jumps, side gallop, hop, skip, etc.) and create a fitness workout.</p> 
<p>Have a Tea Party</p> <p>Think about which of your toys you can invite to a pretend tea party and which games you could play together.</p> 	<p>Invent Something</p> <p>Think about a new invention. Draw a design, gather your materials from around the house and create your invention.</p> 	<p>Build an Obstacle Course</p> <p>Think about things around the house you can use to jump over, tunnel under and skip through to make an obstacle course.</p> 	<p>Have a Race</p> <p>Think about all the different ways you could have a race with others at home (running, hopping, skipping, crawling, etc.) and see who is the fastest!</p> 	<p>Create Artworks</p> <p>Think about items you can use at home to create an artwork (painting, drawing, sculpture from recyclables, mosaics from scrap paper, etc.).</p> 
<p>Use Your Imagination</p> <p>Think about items around the house you might not normally play with (plastic cups, rocks, bottle caps, etc.) and use your imagination to play with them.</p> 	<p>Play a Game</p> <p>Think about different games you could play (freeze, musical chairs, board games, hide and seek, etc.) and play some of these games together.</p> 	<p>Get Messy</p> <p>Think about something messy you can create and play with (e.g. 'mud' from cocoa and water, 'oobleck' from corn flour and water, bubbles with dishwashing liquid and water, etc.).</p> 	<p>Create Music</p> <p>Think about different ways to make music using items from around the house (pots for drums, Tupperware container of rice for a maraca, clapping, etc.).</p> 	<p>Experiment with Water</p> <p>Think about different ways to experiment with water (build a paper boat, explore objects that float/sink, explore items for pouring and collecting, etc.).</p> 



Keep in mind:

- These activities can be repeated and extended upon.
- Talk to your child about their play (but don't quiz them!). Be a good example for using a rich vocabulary. Don't simplify your selection of words!
- Use your first language (especially if it's not English!)
- You can brainstorm other activities with your child that involve movement and play.
- Encourage your child to also engage in unstructured play time with their toys.
- Have fun 😊

Home Ideas: Fine Motor and Gross Motor – K and PP

<p>Cutting</p> <p><i>Cut some pictures from Magazines. Glue them onto a blank piece of paper to create a picture.</i></p> <p><i>See resources for some cutting activities</i></p>	<p>Action Songs</p> <p><i>Sing songs such as Twinkle Twinkle Incy Wincy Spider Two little Dicky Birds Where is Thumbkin</i></p> 	<p>Threading</p> <p><i>Thread some objects onto a piece of string – beads, cut up straws, pasta.</i></p> 	<p>Complete some of the Peggy Lego book</p> <p><i>Choose one page and complete the page.</i></p> 	<p>Playdough</p> <p><i>If you have playdough at home. Use the playdough to create faces, snakes, creatures. You could add items to decorate your creation.</i></p>
<p>Pegs</p> <p><i>Use some pegs to peg onto an icecream container or</i></p> 	<p>Animal Movements</p> <p><i>Move around the room or yard like different animals. For example – kangaroos, emus, bears.</i></p> 	<p>Throwing and Catching</p> <p><i>Practise throwing and catching using a ball, crunched up paper or even a light scarf. Throw small objects into a container from a short distance.</i></p> 	<p>Running</p> <p><i>See how fast you can run around your yard. How many times can you run up and down in one minute.</i></p> 	<p>Playdough Recipe</p> <p>Ingredients 2 tbs cooking oil 4 tbs Cream of Tartar 2 cups plain flour 1 cup salt Food colouring 2 cups water</p> <p>Directions Mix all the ingredients in a saucepan and stir over medium heat for 3-5 minutes, until the mixture congeals.</p>
<p>Crocodile (commando) Crawling</p> <p><i>Crawl around the room or down the hall like a crocodile – make sure you move your arms and your legs. Tummy is on the floor.</i></p> 	<p>Skipping</p> <p><i>Practise skipping around the back yard or skip with a rope if you have one.</i></p>	<p>Yoga</p> <p><i>Do some yoga poses. See resources for ideas Or use Cosmic kids Yoga on youtube</i></p>	<p>Rolling</p> <p><i>Practise rolling on the carpet. Arms and legs straight – you can be a pencil (arms up) or a seal (arms by your side). Roll one way three or four time and roll the other way.</i></p>	<p>Gross motor resources</p> <p><i>Look at the resource package for other games to play.</i></p>



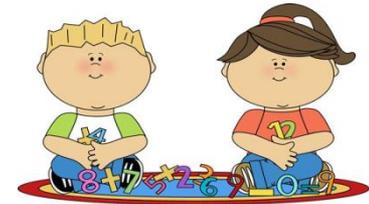
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Home Ideas: Numeracy

Pre-primary

<p>Shape Hunt</p> <p>Draw some basic shapes on a piece of paper (circle, square, rectangle, oval, triangle). Look around the house and find things to match your shapes. Make a tally next to each of your shape pictures.</p> <p>EXTEND: Find shapes that are NOT basic and find out what they're called</p> 	<p>Make a Pattern</p> <p>Find objects of the same colour or shape (beans, buttons, leaves etc.) to make a pattern. Explore copying a pattern, creating a pattern and extending on a pattern of varying difficulty.</p> <p>EXTEND: Think of different ways to make patterns that are NOT colours and shapes. Take a photo and post on Seesaw.</p> 	<p>Sorting</p> <p>Help put the dishes or laundry away. Sort the cutlery, plates, cups and other items into matching groups. You could also do the same type of activity by helping to put some clothes away.</p> <p>EXTEND: Hunt for things that can be sorted. Maybe and organise a box of toys, cars or lego and talk about how you sorted them.</p> 	<p>Counting</p> <p>Choose some objects count (toys, bottle tops, blocks, Lego.). Practise counting a small group of items, make sure you say one number for each objects</p>	<p>Number Writing</p> <p>Roll a die (for numbers to 6) or two dice (for numbers to 12). If you don't have a dice use an online dice roller. Identify the number of dots on your dice and write the matching number.</p> <p>EXTEND: Write this out as a sum. OR, find all the different ways to roll a dice to make 8 or 9 or 10 etc..</p> 
<p>Before and After</p> <p>Create a horizontal number line from 0-20 on the floor using numbers written on paper. Call out a number to locate on the number line. Practise jumping forwards to find the number that comes after and backwards for the number that comes before.</p> <p>EXTEND: Choose different decades of numbers or split decades, e.g. 15 - 25</p>	<p>More and Less</p> <p>Gather some of your toys. Take turns putting your toys in two different sized groups (up to 10). Guess which group you think has more and which has less. Check your answer by counting the number of toys in each group.</p> <p>EXTEND: Do this with tiny toys such as marbles or small lego</p> 	<p>Comparing Height</p> <p>Look around your home for something tall, something short and other items that are 'in between'. Have a go at ordering your objects from shortest to tallest.</p> <p>EXTEND: Change the terms of measurement - narrow and wide, heavy and light</p> 	<p>Counting Songs</p> <p>Sing some songs about numbers like : Five Little Monkeys Jumping on the Bed, Ten in the Bed, Alice the Camel, This Old Man, One Potato Two Potato, and Five Little Ducks.</p> <p>EXTEND: A backwards counting song such as 10 green bottles. Draw a picture to match the song.</p> 	<p>Cut up Catalogues</p> <p>Search catalogues to cut out collections and glue to a page. For example:</p> <ul style="list-style-type: none"> - collections of a number (e.g. 5 things) - collections of a 3D shape - Search for and cut out numbers and glue in order 
<p>Counting Rocket Ship</p> <p>Curl up in a ball on the floor. Start counting from 0 to 20. As you count higher move up onto your feet and then higher and higher until you form a rocket ship blasting off. Repeat backwards (10 to 0).</p> <p>EXTEND: Run in one direction for 10 steps, change direction for steps 11-20, another direction for 21-30 etc...</p> 	<p>Dot Match</p> <p>On some post it notes or small pieces of paper write numbers from 0-10. Repeat this but use dots to represent the numbers. Hide the dot set around the house. Go around the house matching the numbers to the correct dots.</p> <p>EXTEND: start with a higher number, or only do odd or even numbers</p>  <p style="text-align: center;">5</p>	<p>Fill Containers</p> <p>Choose some different sized containers and one cup. Predict and then measure how many cups it takes to fill each container with water. Change your cup size and see how it changes your measurements.</p> <p>EXTEND: put the containers in order from least to most</p> 	<p>Comparing Length</p> <p>Cut a piece of ribbon or string (or even use a shoe lace!). Find something that is longer and shorter. As a challenge, you could find something that is the same length. Once you have collected some items, try and sort them by length.</p> <p>EXTEND: Count how many 'Lego pieces' or '20c coins' long something is.</p>	<p>Solve a Puzzle</p> <p>Complete a puzzle that you have at home and/or create your own. Make a puzzle of your own by drawing a picture on some paper/ card. Then, draw some cutting lines over your picture to form puzzle pieces and cut along the lines.</p> 



5 Principles of Counting:

- Each object to be counted must be touched or "included" exactly once as the numbers are said.
- The numbers must be said once and always in the conventional order.
- The objects can be touched in any order, and the starting point and order in which the objects are counted does not affect how many there are.
- The arrangement of the objects does not affect how many there are.
- The last number said tells "how many" in the whole collection. It does not describe the last object touched.

*****See the resources for extra Maths challenges**

Home Ideas: Literacy

Pre-primary

<p>Enjoy a Book</p> <p>Ask your child to choose a book and read it to them with an expressive voice. Talk about the front cover, characters, setting and events.</p> 	<p>Play 'I Spy'</p> <p>Say to your child, "I spy with my little eye something beginning with ___" (choose a sound). Let them guess and give clues if needed. Then swap roles.</p> 	<p>Write Your Name</p> <p>Practise using the correct letter formations for the letters in your name.</p> 	<p>Sound Hunt</p> <p>Choose a sound and find things around the house that start with that sound.</p> 	<p>Cut up Catalogues</p> <p>Search catalogues to cut out collections of objects that start with the same sound. Glue them on to a piece of paper and have a go at writing the word (phonetically), e.g. elephant could be- Lufnt or Lft. The focus is on hearing and identifying sounds.</p> 
<p>Picture Talk – Oral Language</p> <p>Look at an interesting picture (See Oral Language resources) and ask your child to talk about what they see. Ask them some questions</p>	<p>Sound Practise</p> <p>Use the "Satpin practise" sheets in the resources.</p> <p>Practise finding things around the house that start with one of the sounds S, a, t, p, l, n</p>	<p>Reflect On a Story</p> <p>After reading a story together, talk to your child about their favourite part of the story. They may like to draw or paint a picture or act the story out with toys or puppets. EXTEND: Draw and have a go at writing about your favourite part</p> 	<p>Explore Different Texts</p> <p>Look around the house to discover different types of texts (recipes, maps, newspaper, etc.) and talk about what we use them for. If you have some recipes, you may like to cook something.</p> 	<p>Activity Retell</p> <p>Do an activity at home – eg craft, cooking. Ask your child to retell the steps that they took to complete the activity. (See Activity retell in resources).</p> 
<p>Make a Story</p> <p>Draw the beginning middle and end of a story and tell the story to someone at your house.</p> 	<p>Silly Rhyme</p> <p>Make a fun game out of silly talking by taking turns to make up rhyming words. For example, bake, lake, make, cake, dake, pake, shake, gake...keep going until you get stuck, then pick a new word to rhyme.</p>	<p>Play 'Simon Says'</p> <p>Play the traditional game of 'Simon Says'. Start with one step instructions and build to as many as you can. For example, "Simon says, 'touch your nose, then head, then tummy and then turn around'."</p>	<p>Make a list</p> <p>Have a go at writing a list. Ideas for lists include:</p> <ul style="list-style-type: none"> • Favourite toys • Shopping list • Jobs to do • Morning routine • Things in the garden • Etc... 	<p>Innovate a Story</p> <p>Retell a simple story (Three Little Pigs, Three Billy Goats Gruff, Goldilocks, etc.) or nurse rhyme. Change some of the characters and practise retelling your new story/rhyme.</p> 



Keep in mind:

- We are learning our letter sounds and I should use these when reading and writing.
- You can remind me that upper case letters aren't used in the middle of words (including my name). Please refer to NSW font handout given at class meeting.
- These activities can be repeated and extended upon.