

Bickley - 2024

Last week Wednesday and Friday Room 3 and Room 4 went to Bickley Recreation Camp for a range of team building activities, focusing on resilience, collaboration, good communication and leadership. The activities on the Wednesday involved, crate climbing, team games, and raft building. Many of these activities required an "I CAN DO IT" attitude.



Crate Climbing

For the Crate Climbing activity they had forty crates. They had to stack them so that they could climb up and reach the toy Viking.



Team games

Excuse Me.

For team games they did three different activities. The first activity was called Excuse Me. Two members had to stand facing each other standing at the opposite end of a narrow plank about 5 meters long and 20 cm wide. They had to pass each other without falling off. Each pair had to come up with a different strategy in passing each other. With a couple of fails and some great innovation we managed the challenge.



Salt and Pepper

The second challenge was called Salt and Pepper. They all had to stand behind one another along a rope. The one side represented salt and the other pepper. The instructor randomly called, either salt or pepper and they had to jump to the relevant side. The activity became more complicated when vinegar and chips were

thrown into the mix. Each word required a different response.



Steppingstones

The last challenge was Steppingstones. We had to move from point A to point B sharing the steppingstones. The challenge was not to let go of the mat once you have placed it. Excitement got in the way, and we continuously forgot. As a result, we had to start over numerous times. We had fun never-the-less.



Raft building

The raft building was the most popular activity that they did. First, we were briefed on safety and how to wear the personal floating device, also known as PFD. They had to construct our rafts with pontoons, planks, and ropes



On the Friday they did Orienteering, Vertical climb and Flying Fox.

Orienteering

They worked in teams to find key locations within a certain area. Each team received a map and a two-way communication radio. Orienteering the map, understanding the scale, and interpreting the LEGEND were the three most important aspects of finding the key locations. It was very challenging and exhausting because we had to cover a lot of ground and it was extremely hot. Unfortunately, they were not able to find all the key locations as we ran out of time

Vertical Climb

During this activity we had to climb to a height of about 10 meters while attached to a harness and guided by three other team members. There were three variations, one was climbing up a ladder, second a cargo net. In this challenge Ms Coslani did

extremely well and managed to reach the top in no time. The third variation was a pole. All of these were tiring and extremely challenging.



Flying Fox

The highlight of the week was the flying fox, also known as a zip line. From a high of about 10 meters plus, we zipped across the dam over a distance of about 50 meters. Judging by the yelling and screaming it was clearly enjoyed by all.



The students enjoyed their time at Bickley Adventure Camp. They learnt that they needed to do to work effectively as a team. With an "I CAN DO IT" attitude they were all successful in completing these challenges successfully.